

ANNES J CHU, MA, RPA, LAADC-S

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OBJECTIVE

I am an experienced psychotherapist, licensed addictions counselor, and educator with multicultural competence. I am on track to become a Doctor of Medical Psychology as I progress in my PhD program in psychology. My passion is helping others grow their potential for competence and success.

EXPERIENCE

- Infinity Health Care – Psychological Associate Psychotherapist: 2/2023 – currently employed part-time.
 - Conduct individual and group therapy for severe mental health patients – adult and geriatric populations.
- Loyola Marymount University – Adjunct Professor of Addictions and Wellness Counseling: Fall semester 2022.
- NuView Treatment – Dual-Diagnosis Group Facilitator: 5/2022 – 5/2024.
- Silicon Beach Treatment – Dual-Diagnosis Group Facilitator: 5/ 2021- 8/2022
 - Job duties: Conduct group therapy, educational groups, and KIPU documentation.
- Clare Matrix women’s residential treatment: Alcohol and Drug Counselor – 12/ 2020- 5/2021
 - Job duties: Teach educational classes-Matrix Model, SAGE documentation, medications, and supervise clients.
- Southern CA Alcohol and Drug Programs – AOD Support Staff: 11/2018-12/2020 and 8/2022-10/2022.
 - Job duties: Teach AOD-related educational classes, handle emergencies/crises, office duties, UA testing, medication management, assist staff, client care, screenings, SAGE documentation, and graveyard shifts (2-month temporary position).
- Frog Tutoring – Private Academic Tutor: 11/2015-currently employed: as needed.
 - Job duties: Tutor youth and adults – Foreign languages: Korean, Spanish, Japanese; math, English, writing, computer skills.
- David Hadley and Frank Scotto Political Campaign/Direct Democracy: 2014-2018
 - Political campaigning: Call registered voters and walk door-to-door to advocate for State Assemblymen; petitioning.

EDUCATION

- National University: PhD student of Counseling Psychology, 8/2020 – currently enrolled, Medical Psychology track.
- Christian Leadership University: ThD student of Doctor of Theology, 6/2022 – currently enrolled in a self-paced program.
- CSUDH (MA) in Clinical Psychology: 8/2017 - 6/2020, honor student.
- CSULB (BA) in Psychology: 8/2015 – 5/2017, President’s honor list.
- El Camino College (AA) in Sociology/General Ed in Social Sciences: 8/2013-5/ 2015.
- CCAPP Academy: Addiction Education Diploma: 3/2020, Licensed Advanced Alcohol Drug Counselor (LAADC): 9/2021.

AWARDS, SKILLS, AND VOLUNTEERING EXPERIENCES

- Member of Psi Chi Psychology Honor Society, Alpha Gamma Sigma Honor Society, National Honor Society for Leaders and Success, Omega Nu Lambda, and President’s & Dean’s honor list, 2-time scholarship awards for Academic Achievement.
- Volunteer: Celebrate Recovery-Lead women’s groups, motivational speaker, worship band; childcare, receptionist, crochet blankets for foster children, aid for homeless populations, and Bible study leader for support group.
- Skills: 75wpm, Microsoft Office certified, music therapy, semi-fluency in Japanese, Korean, and Spanish; Strong leadership, teaching, advanced communication skills (verbal, writing, presentation, problem-solving), and multiculturally competent (LGBTQ; different ages/ethnicities/religious/non-religious/socioeconomic status). Certifications – DBT, CBT-PTSD, MI, Systemic Family Therapy, Anger Management, Grief and Loss, psychodynamic therapy, Mindfulness, Crisis De-escalation, diversity/cultural competence, MAT, IPV/DV, insomnia, treatment for child abuse, couples therapy, EMDR, Gestalt, and more.